

Mrs. C. Farmer  
Durham, NC 27704

Arc of Durham County  
3500 Westgate Drive #303  
Durham, NC 27707

Dear Arc of Durham,

I would like to thank the ladies of the Arc for what you have done for my family. Although you have just started helping my family; your passion, care and understanding have been wonderful. You have supported me and wanted to resolve any issue I might have. You are the best cheerleaders anyone can have. From listening, to finding resources, or giving praise, the Arc does it all.

My first visit to the Arc was during the most important time of the day, lunch. You were able to listen to me attentively without losing focus. This was done while maintaining the Arc environment. As I told my story, the understanding nature and desire to help by the staff was evident. You were constantly thinking of ways to assist my family, and considering all the possible resources available to us.

As I told you about my depression, anxiety, recent college graduation, as well as learning of my sons disability; you continued to show compassion. You made me feel comfortable discussing these issues. As a teacher who works with a population of at-risk youth, I was not made to feel as if I should be able to handle these personal challenges. You helped me to see that it is a much different situation when these issues hit home.

You have given me hope again. You have encouraged me to continue having the desire to go on. It is a blessing to know that individuals such as yourself and a program like the Arc is in existence. The Arc and all the ladies involved have been a true blessing to my family and I, and I would like to extend my sincerest gratitude.

Thank you,

Mrs. C. Farmer